PapaPronto

PARTE DELLA FAMIGLIA

PapaPronto

Est: 2014

PRESTO ITALIANO

BREKKIE | SERVED TILL 12PM

Choice of: White, Brown, Rye or Health Toast

MONDAY-FRIDAY / 8AM-10AM / IN STORE ONLY / EXCLUDES PUBLIC HOLIDAYS

EARLY BIRD BREAKFAST 72
2 Eggs, pan-sautéed cocktail tomatoes, sautéed mushrooms, 2 rashers of bacon & toast. Served with a cappuccino or tea

PETITE BREKKIE 68
2 Eggs, 2 rashers of bacon & toast

PRONTO BREKKIE 98
2 Eggs, bolognaise mince, avo & toast

LAZY BREAKFAST 142
2 Eggs, hashbrowns, pan-sautéed cocktail tomatoes, 1 beef sausage, 3 rashers of bacon, sautéed mushrooms & toast
* **Add Haloumi (2 pieces) +26** (N)

ON THE GO WRAP 78
Scrambled eggs, bacon, smashed avo & cheddar

OMELETTES (V)
Basic 3 egg omelette served with toast 44

Add fillings

Chilli, Garlic, Onions	8 ea	Cheddar, Halloumi, Mozzarella	26 ea
Caramelized Onions	10 ea	Bolognaise, Chicken, Chicken Mayo	28 ea
Olives, Feta	12 ea		
Chorizo, Ham, Bacon	24 ea	Salmon 80g	94 ea
Mushrooms, Avo	26 ea		

POACHED EGG BREKKIE
2 Poached Eggs on your choice of toast with:
* Smashed avo & feta, topped with bacon bits 98
* Sautéed mushrooms, bacon strips & parmesan shavings 98
* Grilled halloumi, cherry tomatoes & basil pesto (V) 98

LIVERS BREKKIE 98
Pan-fried chicken livers with pork chorizo in Pronto's delicious prego sauce topped with an egg. Served with toast

LET'S TOAST
Your choice of toast topped with:

Scrambled Eggs (V)	58	Smashed Avo (V)	58
Bolognaise Mince	68		

FRENCH TOAST
Thick cut brioche dusted with cinnamon

Nutella (V)	98	Bacon & Syrup	98

HEALTHY BOWL BREKKIE (V) 98
Seasonal
Muesli, nuts, fresh blueberries, strawberries & greek yoghurt

EGGS BENEDICT
2 Poached eggs & hollandaise sauce on toasted english muffins with:
* Parma ham & parmesan shavings 136
* Salmon, feta & capers 138

OATS (V) 88
Creamy oats with whey powder, topped with grilled banana & sprinkled with crushed almonds

SUGAR RUSH CENTRAL

BROWNIES 74
Double chocolate melt-in-the-mouth brownies with ice cream

ICE CREAM & SAUCE 48
Vanilla ice cream with your choice of sauce

PAVLOVA 74
Fruits of the Forest

CRÈME BRÛLÉE 76

CAKE ..... from 76

SWEETELLA COTTA 78
Panna cotta made with Nutella

CRÈME BRÛLÉE CHEESECAKE 88

CHERRY-MISU 84
Tiramisu with a cherry twist

GOLDEN DATE STICKY PUDDING 76

HOMEMADE GELATO TUBS (N) 68
Enquire about flavours

BELGIUM WAFFLE DELIGHT

SNUGGLE WAFFLE Dusted with icing sugar	78	BANANA TELLA Nutella & banana	96
DRIPPING TELLA Nutella	92	BISCOFF BLISS Biscoff biscuits crumbled over	96
GOLDEN TEMPTATION Broken Crunchie with a crumble of toffee biscuit	96	OREO OBSESSION Oreos crumbled over	94

PARTE DELLA FAMIGLIA!

AT PAPA PRONTO WE WILL ALWAYS TREAT YOU AS *parta della famiglia*

★ SINCE 2014 ★

010 822 9292 / 011 465 2170

papapronto1@gmail.com
www.papapronto.co.za

Drinks

COFFEE & HOT DRINKS

Decaf: R3 extra / *Cream:* R8 extra
Almond milk: R8 extra

AMERICANO	32
ESPRESSO	26
DOPPIO ESPRESSO	30
MACCHIATO	30
CAPPUCCINO	38
PRONTO GRANDE CAPPUCCINO	42
RED CAPPUCCINO	40
CORTADO	34
CAFÉ LATTE	42
VANILLA LATTE	46
CHAI LATTE	46
CAFÉ MOCHA	46
HOT CHOC	46
WHITE HOT CHOC	46
TEA SELECTION	30
HOMEMADE INFUSIONS Lemon & Honey / Ginger & Honey	32
HOT WATER & LEMON ★ Small 8 / ★ Large 15	

COLD DRINKS

TIZERS	42
SODAS	29
ICE TEA	36
FRESH FRUIT JUICE	38
FREEZOCHINO	52
CRUSHERS Mango / Strawberry / Berry	46
SMOOTHIES Mango / Berry / Strawberry / Pineapple	54

MILKSHAKES

Classic	48	*Decadent*	62
STRAWBERRY		CARAMEL	
CHOCOLATE		COOKIES & CREAM	
LIME		PEPPERMINT CRISP	
BANANA		NUTELLA	
BUBBLEGUM		PEANUT BUTTER & BANANA	
VANILLA		BLUEBERRY CHEESECAKE	
ICED COFFEE			

SPICY (N) NEW (V) VEGETARIAN

T&C'S APPLY • E&OE • PRICES SUBJECT TO CHANGE

CASUAL EATS

SERVED WITH YOUR CHOICE OF SIDE

TRAMEZZINIS

THE SPANIARD 138
Grilled chicken strips, feta, kalamata olives, sundried tomatoes & basil pesto

BACON, FETA & AVO 134

CHICKEN MAYO 136

MINCE & MOZZARELLA (N) 142

SERVED WITHOUT A SIDE

WRAPS

LOUISIANA 154
Fried chicken strips, cherry tomatoes, piquante peppers, avo, cucumber, cheddar & lettuce. Drizzled with honey & mustard sauce

PREGO 148
Prego chicken, feta, cherry tomatoes, avo & lettuce

BIFE DE GRECO 156
Marinated beef strips, tzatziki, feta, kalamata olives, cucumber & lettuce

SERVED WITHOUT A SIDE

CIABATTA *Open Sandwiches*

THE GOLDIE 134
Crumbed chicken breast with lettuce, smashed avo, feta & house salsa

ITALIAN CLUB 142
Parma ham, mozzarella, basil pesto & chopped cherry tomatoes, drizzled with olive oil

CHICKEN MAYO & BACON 134
Chicken mayo, thinly sliced bacon strips, lettuce & avo

SERVED WITH YOUR CHOICE OF SIDE

HOMESTYLE PREGOS

★ Chicken 126 / ★ Beef 142

NACHOS

Tortilla chips layered with cheese sauce, grated mozzarella & cheddar, topped with sliced jalapeños. Served with our house salsa & guacamole

ORIGINAL (V) 120

Add a topping:

PREGO CHICKEN	38 extra
CARNE MOLIDA	38 extra
PULLED PORK	44 extra

THE LIGHTER SIDE

ENTRADAS

DIABLO DE POLLO
Flame-grilled chicken wings with our special secret sauce
* 6 Wings **104**
* 12 Wings **202**

CRISPERS 98
Prontos delicious chicken crispers served with sweet chilli

BEEF CARPACCIO 150
Smoked beef carpaccio with fresh tomato, rocket, avo, onion, cucumber, sundried tomatoes, caper berries & parmigiano shavings

JALAPEÑO POPPER BITES 86
Filled with cream cheese, bacon bits, cheddar, mozzarella & spring onion

FOCACCIA (V) 62
Classic italian herbed flat bread

LIVERS 108
Pan-fried chicken livers & pork chorizo in our delicious prego & napoletana sauce. Served with a portuguese roll

HALLOUMI (V) 122
Grilled OR Fried
5 Pieces of halloumi topped with sundried tomatoes. Served with a side salad & tzatziki

CALAMARI 128
Grilled OR Fried
Served with tartare or or lemon butter sauce

SALADS

ASIAN BEEF 144
Crispy beef strips in sticky teriyaki sauce with avo, feta, piquante peppers, rocket, sundried tomatoes, red onion, mixed lettuce & parmesan shavings. Sprinkled with sesame seeds

CYPRIANO 140
Grilled chicken & halloumi strips, marinated brinjals, sundried tomatoes, avo, kalamata olives, mixed lettuce & tzatziki

FABIANO 138
Grilled chicken strips, bacon, avo, blue cheese, sundried tomatoes, red onion on rocket & mixed lettuce

GREEK (V) 108
Mixed lettuce, greek style with feta & kalamata olives

MEDITERRANEAN (V) 132
Boiled egg, artichokes, feta, avo, borlotti & red kidney beans with mixed lettuce
* **Add Tuna +30**

SMOKED SALMON 158
Smoked salmon, caper berries, cherry tomatoes, avo, mixed lettuce & chunky cottage cheese

SOUTHERN SIESTA 138
Crumbed chicken strips, mixed lettuce, avo, cherry tomatoes, piquante peppers & feta

STICKY CHICKEN 140
Asian-style chicken strips with jalapeño, sundried tomatoes, cashew nuts, feta, corn, avo, tomatoes & mixed lettuce

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HEALTHY

SERVED WITH YOUR CHOICE OF SIDE

CRAZY ARGENTINIAN 174
2 Pure beef patties topped with a fried egg, avo & chimichurri

POLLO ALLA PALTA 162
3 Grilled chicken breasts topped with avo, sundried tomatoes, rocket & parmesan shavings. Served with tzatziki

POLLO ROSSO 172
4 Chargrilled chicken breasts seasoned with herbs & spices. Served with tzatziki

POLLO CHICO 134
2 Chargrilled chicken breasts seasoned with herbs & spices. Served with tzatziki

SERVED WITHOUT A SIDE

CHICKEN QUINOA 168
Quinoa in a basil pesto napolitana, topped with creamy grilled chicken strips

QUINOA BOWL (V) 148
Quinoa in basil pesto napolitana, black beans, roasted chickpeas & avo. Topped with feta & parmesan shavings
* **Add Halloumi +24**

PESCADO

Served with your choice of side

8 QUEEN PRAWNS 286
Seared with a choice of peri-peri or lemon butter

CALAMARI 198
Grilled OR Fried
Served with tartare or lemon butter

SERVED WITHOUT A SIDE

STREET FOOD BOWL 220
4 Prawns & deep-fried hake, served on top of fries & drizzled with a lemon butter sauce

Served with your choice of side

HAKE 6-9 oz 186

DEEP-FRIED
With our seasoned beer batter & served with tartare sauce

PLAIN GRILLED
Simply grilled & finished with a warm drizzle of golden butter & a hint of chilli heat

MEDITERRANEAN STYLE
Cooked in our wood burning oven in creamy lemon butter, topped with sun-dried tomatoes, basil pesto, parmesan & rocket

COMBOS

HAKE & CALAMARI 200
HAKE & PRAWN 210
PRAWN & CALAMARI (N) 210

PASTA

Gluten free available: **R26 extra**

ALFREDO 162
La tradizionale creamy sauce with hickory ham, mushrooms & parmigiano cheese

MILANO 148
Grilled chicken strips, chillies & garlic in a napoletana sauce

FILETTO DE FUNGHI 184
Fillet strips, kalamata olives, mushrooms & onions in a creamy parmigiano sauce

CHORIZO & LIVERS 165
Pan-fried chicken livers & pork chorizo with grilled onion & sundried tomatoes in a light creamy peri-peri & napoletana sauce

LASAGNA 164
Tradizionale recipe baked in our wood-burning oven

PAPA'S BOLOGNAISE 160
Tuscan homestyle mince & tradizionale napoletana sauce

POLLO ITALIANO 142
Grilled lemon butter chicken breasts on a bed of fettuccine with a tomato & basil pesto napoletana sauce

CHICKEN MUSHROOM 164
Grilled chicken strips with mushrooms in a creamy parmigiano sauce

PORTO DIABLO 164
Grilled chicken strips & pork chorizo with onions, garlic & chilli in an arrabiata sauce

BELLA MARIA 168
Grilled chicken strips tossed in a white bechamel sauce with spinach & piquante peppers

THE MED (V) 152
Artichokes, kalamata olives and sundried tomatoes tossed in basil pesto & olive oil
★ **Add Napoletana**

POLLO ROMA 178
Crumbed chicken breasts topped with napoletana & mozzarella on a bed of basil pesto fettuccine

CHICKEN FUNGI GNOCCHI 184
Grilled chicken strips tossed in white bechamel sauce with bacon & mushrooms

PRAWN & PORK CHORIZO 220
Prawn, pork chorizo, spinach & piquante peppers pan-fried in garlic & olive oil tossed in a white bechamel sauce

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GRILLS

Served with your choice of side

BURGERS
200g homestyle beef or chicken burgers
Available naked....no bun!

100%

TRADITIONAL GOURMET 138
HOUSESTYLE CHEESE 148
BACON & CHEESE 156
PROPPA 208
Double beef patty with bacon, cheddar & egg
THE ROOSTER 158
Double cajun chicken breasts, topped with pork chorizo & avo

THE MACOY 182
Beef patty infused with mozzarella, cheddar & chillies, topped with de-boned honey basted pork ribs
KOREAN FRIED CHICKEN (N) 168
Chicken thighs fried, coated with our teriyaki & sriracha sauce & topped with coleslaw

Served with your choice of side

ON THE BONE 500g dry aged

SIRLOIN 262
T-BONE 264
RIB EYE 288

RIBS 298
Our famous succulent rack of ribs seasoned & slow cooked. Caramelized with our secret homemade basting

RUMP ESPETADA
★ 200g **172** / ★ 300g **218**
Flamed-grilled beef rump skewer seasoned with garlic, bay leaves & coarse salt

LAMB RUMP MEDALLIONS 206
3 Flame-grilled rump medallions rubbed with cracked black peppercorns & rock salt. Basted with garlic & herb butter

FLAME-GRILLED SPATCHED CHICKEN 220
★ **Peri-Peri** / ★ **Lemon & Herb**

CHICKEN ESPETADA 168
Succulent chicken thighs skewered with jalapeños & drizzled with sweet chilli

THE MADRID MELT (N) 168
Cajun rubbed chicken breast, spicy pork chorizo & avo with a taste of southern Spain

ADD A SIDE (V)

OLD SCHOOL CHIPS	42	SIDE SALAD	36
OVEN-BAKED BROCCOLI	40	CREAMY SPINACH	42
GRILLED BABY POTATOES	38	SPICY RICE	36
QUINOA	42	BUTTERED MASH	40
COLESLAW	36	SWEET POTATO & BUTTERNUT	42
ONION RINGS	32		

PIZZA

Gluten free & banting bases available: **R46 extra**

MARGHERITA (V) — 98
Pronto tomato mutti & mozzarella

REGINA — 136
Ham, mushroom & tomato mutti al la pronto

BOSSA MUSSOLINI — 158
Salami, blue cheese, sundried tomatoes, onions, kalamata olives & avo

PEPPERONI — 158
Classic pepperoni, the more the better

DE LUCA — 158
Salami, halloumi, sundried tomatoes, onions & kalamata olives

EL RIBBO — 172
Honey-basted de-boned pork ribs, pork chorizo, piquante peppers, feta & avo

PREGOLICIOUS — 158
Prego chicken, feta, caramelized onions & avo

GRACELAND — 132
Bacon & banana

ENA RUSTICA — 164
Honey-basted de-boned pork ribs, pineapple, sweet piquante peppers & onions

HAWAIIAN — 134
Ham & pineapple

LA PARMA — 180
Parma ham, basil pesto, parmesan shavings & wild rocket

MAMA CHRISTO — 158
Seasoned marinated chicken, feta, avo & piquante peppers

LA NONNA — 152
Mediterranean chicken, mushrooms & onions

MEXICANA — 160
Bolognaise mince, mixed peppers, onions, garlic & fresh chillies

TEXAN — 158
Chicken crispers, pineapple, piquante peppers & feta

PAESANO'S — 158
Bacon, sundried tomatoes, feta, onions & avo

LA ROBERTA — 158
Chicken mayo, bacon, avo & piquante peppers

PIZZA DEL PORTO — 162
Pork chorizo, spicy chicken, sundried tomatoes, onions & garlic

PAPA QUATRO — 152
Ham, artichokes, mushrooms & kalamata olives

LA SINFONIA — 172
Bacon, ham, salami, onions, piquante peppers, feta & avo

PRINCEPESSA — 156
Bacon, feta & avo

GRECO — 156
Bacon, kalamata olives, spinach & feta

CERDO FINO — 166
Pulled pork, bacon, feta, avo, sundried tomatoes & caramelized onions (infused with liquid smoke)

SICILIANA — 162
Salami, anchovies, kalamata olives, artichokes & caper berries

VEGETARIANO (V) — 155
Mushrooms, kalamata olives, onions, artichokes, mixed peppers, piquante peppers & halloumi

AVOCADO IS SEASONAL - SUBS WILL BE CHARGED FOR

BAMBINOS

With Fries:

BURGER
★ Chicken 72 / ★ Beef 72

CRISPERS — 70

HAKE FISH BITES — 86

WRAP — 72
Grilled chicken strips & mayo

Pasta & Pizza:

BOLOGNAISE — 72
Choice of Penne or Spaghetti

ALFREDO — 74
Choice of Penne or Spaghetti

PIZZA — 72
Choice of 2 selected toppings